

Sarah Blake

Dancer/Choreographer/Arts Administrator/Dance Teacher

Phone: 973-885-5665 Email: skbdancer@gmail.com Instagram: [skbdance_](https://www.instagram.com/skbdance_)

Work Experience

West Essex Dance Team – North Caldwell, New Jersey – *Dance Team Coach*

October 2023 – Present

Leads two practices a week, choreographs dances for football games, kickline, and contemporary dances, organizes annual dance team showcases and tryouts.

Chutzpah Dance – New York City, New York – *Dancer/Administrative Assistant*

January 2023 – Present

Rehearses once a week with an emerging contemporary dance company. Performs solo and ensemble pieces and aids administratively (social media, sending emails and running rehearsals). Has danced in 10 performances at venues in New York City, Philadelphia, PA and Rochester, NY

Theatre NextDoor – Livingston, New Jersey – *Technique Teacher/Contemporary/Jazz Choreographer*

July 2018 – June 2024

Dance Education

Vim Vigor Intensive – Ann Arbor, Michigan – *Student*

August 2023

A week-long intensive that focused on floorwork, partnering and physical theater. Worked directly with artistic director Shannon Gillen.

Delve Intensive Stewart/Owen Dance – Asheville, North Carolina – *Student*

June 2023 – July 2023

Two week contemporary intensive working alongside Artistic Directors Gavin Stewart and Vanessa Owen and multiple guest artists.

Manhattanville College – Purchase, New York — *BA in Dance*

August 2018 – May 2022 (Magna Cum Laude)

Was a double major in Dance and Psychology with a minor in Business Management. Along with taking technique courses every semester has taken classes on choreography as well as acting and technical theater studies.

New Jersey School of Ballet – Florham Park, New Jersey – *Student*

July 2012 – June 2018

Was a part of their year round, pre-professional intensive program. In 2015 was accepted into their Junior Company. Class ran five days a week with rehearsals for ballets on Sundays.

Roseland Performing Arts Academy – Roseland, New Jersey – *Student*

July 2003 – June 2012

Training in ballet, jazz and tap. In 2011, selected to attend the Regional Dance America Festival located in Pittsburgh, PA, taking three master classes a day in modern, ballet, jazz for a week.

Performance Experience

Manhattanville College's Dance & Theater Department Dance Concerts – Purchase, New York — *Dancer*

August 2018 – May 2022

Performed every semester in the Fall and Spring Dance Concerts. Performances include works from both student and professional choreographers from New York City. Guest works are set during a residency week at the beginning of each semester and rehearsed through the semester. Invited back as an alumni performer for the 2023 Senior Thesis Festival.

New Jersey Ballet's Company Productions

November 2012 – March 2018

Performed the roles of: soldier, angel, courtier, snowflake in *The Nutcracker* (6 years (2012-2017); 75 shows; Morristown, Millville, Englewood, Cape May, NJ); Tik Tok and Courtier in *Cinderella* (3 shows, 2013, 2015, Morristown, Rahway, NJ); Courter, Carabosse's Apprentice, Marzuka dancer in *Sleeping Beauty* (4 shows, 2015-2017, Hackettstown, Rahway, Morristown, NJ); Villager and Tavern Dancer in *Don Quixote* (2 shows, 2016, Hackettstown, Englewood, NJ); Villager and Monk in *La Esmeralda* (1 show, 2018, Morristown, NJ). All rehearsals occurred on weekends with the professional company; was paid for select *Nutcracker* performances.

WEBSITE:

<https://skbdancer.wixsite.com/sarahblakedance>

STYLES

Ballet – 21 years (Classical, Vaganova and Contemporary)

Pointe – 8 years

Jazz – 18 years

Modern – 13 years (Horton, Graham, and Taylor)

Contemporary – 6 years

Contemporary Partnering – 2 years

CHOREOGRAPHERS AND TEACHERS

Bradley Beakes

Shawn Bible

Shannon Gillen

Sarah Housepian

Michaela McGowan

Vanessa Owen

Janice Rosario

Gavin Stewart

Michael Trusnovec

SKILLS

Adobe Premiere Pro – Video Editing

Master of Arts in Arts

Administration – May 2024

CHOREOGRAPHY

Hecate – Creative Performances

30-30-30 – December 2023 –

Dixon Place

1692 – Emerging Artist Theatre's

New Works Series – October 2022

– TADA Theater

Arachna – KoDaFe in NYC – July

2022 – KnJ Theater at Peridance

The Green Bird – Spring Theatre

Production – March 2022 –

Manhattanville College

AWARDS

The Greta Levart Award for

Continued Artistic Excellence

(Dance) – 2022

Dance and Theatre Departmental

Honors – 2022

The Michael Posnick Award for

Academic Excellence (Dance) –

2020